

Peterborough Breast Cancer Support Group Newsletter (www.pbcsq.co.uk)



MEETING AT THE HOLIDAY INN ON THE 3 APRIL 2025
Peterborough Breast Cancer Support Group Newsletter

Welcome to April's Newsletter.



Unexpectedly the breast care nurses attended our meeting which was a welcome bonus to our meeting. We were told there will now be extra support for patients going through breast screening. They explained that understandably anxiety is very high for those who have been called back after a mammogram. There will now be a Support Screening Clinic twice a week to offer support and guidance prior to the patient getting their test results. All members will have experienced the stress of waiting for results and the temptation of scouring the internet for information which is probably the worst thing to do. The introduction of this new clinic will be a crucial and valuable addition to the services offered by the Breast Unit and will go a long way to support those during the hiatus between the test and the results. The wait for mammogram results is about two weeks. The mammogram images need to be reviewed by a radiologist who needs time to review them properly. This needs to be done carefully and thoroughly. This process can take a few days. After reviewing the images, the radiologist will dictate their findings to be transcribed into a report to be sent to the GP or the Unit where the mammogram was performed.

On the subject of mammograms, it was clarified that breast screening for women aged 50-70 is by appointment only. Invitations are sent automatically to women up until their 71st birthday. Women aged 71 or over can contact their breast screening unit to make an appointment every 3 years. Women with breast symptoms should contact their GP and not wait for their routine appointment. The nurses confirmed they will be attending our June meeting. If anyone does have any questions for the nurses, please email/message me beforehand so I can pass these on to the nurses before the meeting.

The nurses confirmed there are now 6 breast care nurses, four full time and two part time.

Cancer Patient Partnership Group (CPPG)

Joan from the Stamford Support Group told the Group she has joined this Group as the representative for Stamford. The Group is made up of team of patients, carers and hospital staff who aim to improve cancer services by sharing patients' views, identify things that are working well and areas that could be improved on. The Group aims to improve services for those affected by cancer, help bring about change in partnership with the Health Services and contribute to develop future services. The meetings take place at the Wellbeing Centre at the hospital every two months. If anyone is interested in joining this Group, please contact nwangliaft.cpppg@nhs.net or the Lead Cancer Nurse: 01733 678490.

Future Meetings

1st May 2025 – Jean Ralph from Eloise Lingerie at the Holiday Inn Thorpewood 7.00pm to 9.00pm. Jean will be bringing a range of items from Eloise's catalogue, bras, swimwear and prosthetic

breast forms. Jean is lovely, this is her second visit to the Group, her first prompting a visit by Members to their shop in Milton Keynes.

5th June 2025 – Breast care nurses will be attending. Please attend by 6.45pm for a prompt start at 7.00 pm. Please let me have any questions for the nurses in advance of the meeting.

3rd July 2025 – open meeting

7 August 2025 – speaker to be confirmed.

Other Dates

Stamford Cancer Support Group: monthly meetings at the Stamford Day Centre, 33 Ryhall Road, Stamford, PE9 1UF. Contact: Stamfordcsg@gmail.com

Fundraising: Strawberry Tea tickets will be on sale in May/June meetings, tickets will be £5 each, so please bring some cash

If anyone would like to contribute to this Newsletter, please send information to Helen Saggars at helen.saggars@ntlworld.com or telephone 07790856801 or if you would like to see up to date and relevant information on our website please email our website provider/administrator susan@bluemonkey.it Peterborough Breast Cancer Support Group website: www.pbcsg.co.uk and www.peterboroughbreastcancersupportgroup.co.uk