

Peterborough Breast Cancer Support Group Newsletter

(www.pbcsg.co.uk)

Peterborough Breast Club Newsletter New Year update 2026.



Welcome to the First Newsletter of 2026 – just a short one as we did not meet in December or January.

A shout out to Michelina who attended our November meeting to give a talk on the alternative therapies she offers to include Reiki, Reflexology, Swedish Massage,

Oncology massage, lymphatic drainage, foot spa. Michelina has recently trained to give oncology massages. She demonstrated a couple of the various treatments she offers on some willing volunteers. Michelina can be contacted on 07795 47115 if anyone would like to contact her for an appointment.



We had a fantastic Xmas Meal at the Black Horse in Elton, Peterborough in November 2025. Thank you to all those who came and made it a really special night. Lovely to see so many there.



Sad News

Some of you will be aware that a member of our Group Anna sadly passed away last month. Anna had been coming to the Group for a number of years. She was a lovely lady and will be missed. Her funeral service will be on the 7 February at 11.30 am at The Bull Hotel in Peterborough. If you would like to attend please email: helen.saggers@ntlworld.com or message in the WhatsApp Group. A number of members have said they will be attending.

Other Events

Saturday 7th February – a stroll in Burghley Park with the Stamford Cancer Support Group followed by a hot drink in either the Orangery Restaurant or the garden café. Please call Joan on 07352979613.

Wednesday 11th February - Ryhall Cancer Support group meet at 7.30pm at the Methodist Chapel, Mill Street, Ryhall, PE9 4HQ. Contact Jo for more information 07725 262364.

Thursday 19th February - Oakham Cancer Support Group meet at 10:30am at the Quaker Meeting House in Gaol Street, Oakham LE15 6AQ Contact Chrissie for more information 07970 900029.

Tuesday 24th February - Stamford Cancer Support Group at 2.00pm in the activities room at the rear of Stamford Day Centre, Ryhall Road, Stamford, PE9 1UF. Please call Joan on 07352 979613 if you'd like to speak to someone before coming to the meeting.

Future Meetings

5th February 2026 at The Holiday Inn, Thorpewood, Peterborough 7.00 pm – 9.00pm. The Breast Care Nurses will be attending. Can all those attending please arrive by 6.45pm for a prompt start at 7.00pm. If anyone has any questions for the Breast Care Nurses can they please email: helen.saggers@ntlworld.com or send a message in the WhatsApp Group.

5th March 2026 – Susan Brocoli will be our guest speaker. Sue runs Blue Monkey and manages our website. This will be an opportunity for members to have some input on what they would like to see on our website, and to discuss raising the profile the Group through social media etc.

If anyone would like to contribute to this Newsletter, please send information to Helen Saggers at helen.saggers@ntlworld.com or telephone 07790856801 or if you would like to see up to date and relevant information on our website please email our website provider/administrator susan@bluemonkey.it

Peterborough Breast Cancer Support Group website: www.pbcsq.co.uk and www.peterboroughbreastcancersupportgroup.co.uk

Macmillan Volunteer for breast cancer advice: Val. Tel 01733 267005.